

# August 2023

## Parkview Manor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 Sit and Get Fit <b>1</b> 10:00 Puff N' Pamper <b>2:00 Ice Cream Sundaes</b>	9:30 Sit and Get Fit <b>2</b> <b>10:00 Musical Entertainment</b> 1:30 Arts and Crafts 3:00 Shuffleboard	<b>National Watermelon Day 3</b> 9:30 Sit and Get Fit 10:30 Gardening <b>1:30 Watermelon Social</b> 3:00 Horseshoes 6:30 Nintendo Switch Games	<b>4</b> 9:00 Physiotherapy 9:30 Sit and Get Fit 1:30 Karaoke 3:00 Board Games 6:30 Porch Badminton	<b>5</b> 10:00 Bingo 1:30 Bowling 3:00 Board Games
9:30 Restorative Walking <b>6</b> 9:30 Church Service 1:00 Shuffleboard 2:00 Porch Social	<b>Civic Holiday 7</b> 9:30 Sit and Get Fit 10:30 Gardening 2:00 Music Therapy	<b>8</b> 9:30 Sit and Get Fit 9:30 Restorative Exercise 10:00 Puff N' Pamper 2:00 Basketball Bucket Game 3:00 Touch2Play	<b>9</b> <b>8:00 Foot Care</b> 9:30 Restorative Exercise 9:30 Sit and Get Fit 10:00 1:1 Visits 1:30 Arts and Crafts 3:00 Mini Golf	<b>10</b> 9:30 Restorative Exercise 9:30 Sit and Get Fit 10:00 1:1 Visits 10:30 Gardening 2:00 Pool Noodle Ball 3:00 Board Games	<b>11</b> 9:00 Physiotherapy 9:30 Sit and Get Fit 10:00 1:1 Visits 2:00 Music Therapy 6:30 Bowling	<b>12</b> 6:30 Movie and Popcorn
9:30 Church Service <b>13</b> 2:00 Porch Social	<b>14</b> 9:30 Restorative Exercise 9:30 Sit and Get Fit 10:00 1:1 Visits 10:30 Gardening 1:30 Walk to the Park 3:30 Nintendo Switch Games	<b>15</b> 9:30 Sit and Get Fit 10:00 Puff N' Pamper 10:00 Catholic Mass 1:30 Arts and Crafts <b>3:00 Ice Cream Sundaes</b> 6:00 Restorative Exercise 7:00 Evening Meditation	<b>16</b> 9:30 Restorative Exercise 9:30 Sit and Get Fit 10:00 1:1 Visits <b>2:00 Louise Potts</b> 3:00 Touch2Play	<b>17</b> 9:30 Sit and Get Fit 10:30 Gardening 2:00 Music Therapy	<b>18</b> 9:00 Physiotherapy 9:30 Sit and Get Fit 10:00 1:1 Visits 1:30 Porch Badminton 3:00 Karaoke	<b>19</b> 9:30 Restorative exercise 10:00 1:1 Visits 10:00 Balloon Volleyball 1:30 Bingo 3:00 Board Games
9:30 Church Service <b>20</b> 9:30 Restorative Walking 10:00 1:1 Visits 1:00 Shuffleboard 2:00 Porch Social	<b>21</b> 9:30 Sit and Get Fit 10:30 Gardening 1:30 Bowling 2:00 Music Therapy	<b>22</b> 9:30 Restorative Exercise 9:30 Sit and Get Fit 10:00 Puff N' Pamper <b>1:00 Residents' Council</b> 2:00 Pool Noodle Ball	<b>23</b> 9:30 Restorative Exercise 9:30 Sit and Get Fit 10:00 1:1 Visits <b>1:30 Musical Entertainment</b> 3:00 Arts and Crafts	<b>24</b> 9:30 Restorative Exercise 9:30 Sit and Get Fit 10:00 1:1 Visits 10:30 Gardening 1:30 Ladder Ball 3:00 Board Games	<b>25</b> 9:00 Physiotherapy 9:30 Sit and Get Fit 10:00 1:1 Visits 1:30 Basketball Bucket Game 3:00 Touch2Play	<b>26</b> 6:30 Movie and Popcorn
9:30 Church Service <b>27</b> 10:00 Bingo 1:30 Balloon Volleyball 2:00 Porch Social	<b>28</b> 9:30 Restorative Exercise 9:30 Sit and Get Fit 10:00 1:1 Visits 10:30 Gardening 1:30 Walk to the Park 3:30 Nintendo Switch Games	<b>29</b> 9:30 Sit and Get Fit 10:00 Puff N' Pamper 1:30 Shuffleboard <b>2:30 Ice Cream Sundaes</b> 6:00 Restorative Exercise 7:00 Evening Meditation	<b>30</b> 9:30 Restorative Exercise 9:30 Sit and Get Fit 10:00 1:1 Visits 1:30 Arts and Crafts 3:00 Horseshoes	<b>31</b> <b>Jim's Birthday</b> 9:30 Sit and Get Fit 10:30 Gardening 2:00 Music Therapy 6:30 Bowling	 <p><b>Sweet Summer!</b></p>	