




September 2023

Parkview Manor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p><i>Back To school For The Kids!!</i></p>		<p>9:00 Physiotherapy 1 9:30 Sit and Get Fit 10:00 1:1 Visits 1:30 Basketball Bucket Game 3:00 Nintendo Switch Games</p>	<p>Marrion's Birthday 2 10:00 Bingo 11:00 1:1 Visits 1:30 Horseshoes</p> <p><i>Happy Birthday Marion</i></p>
<p>9:30 Church Service 3 11:00 1:1 Visits 1:30 Arts and Crafts 2:30 Porch Social</p> <p><i>Labour day holiday.</i></p>	<p>Labour Day 4 10:30 Bowling 2:00 Music Therapy</p> 	<p>9:30 Restorative Exercise 5 9:30 Sit and Get Fit 10:00 Puff N' Pamper 3:00 Pool Noodle Ball 7:00 Evening Meditation</p>	<p>9:30 Restorative Exercise 6 9:30 Sit and Get Fit 10:00 1:1 Visits 1:30 Arts and Crafts 3:00 Shuffleboard</p>	<p>9:30 Sit and Get Fit 7 10:00 1:1 Visits 10:30 Gardening 2:00 Music Therapy 6:30 Board Games</p>	<p>9:00 Physiotherapy 8 9:30 Sit and Get Fit 10:00 1:1 Visits 1:30 Horseshoes 3:00 Nintendo Switch Games 6:30 Bingo</p>	<p>9:30 1:1 Visits 9 10:15 Karaoke 1:00 Balloon Volleyball 2:00 Porch Social 6:30 Movie and Popcorn</p>
<p>9:30 Church Service 10 10:00 Porch Social 1:30 Bingo</p>	<p>9:30 Restorative Exercise 11 9:30 Sit and Get Fit 10:00 1:1 Visits 10:30 Gardening 1:30 Bowling</p>	<p>9:30 Restorative Exercise 12 9:30 Sit and Get Fit 10:00 Puff N' Pamper 2:00 Ice Cream Sundaes 3:00 Pool Noodle Ball 7:00 Evening Meditation</p>	<p>9:30 Restorative Exercise 13 9:30 Sit and Get Fit 10:00 1:1 Visits 2:00 Louise Potts 3:00 Shuffleboard</p>	<p>9:30 Restorative Exercise 14 9:30 Sit and Get Fit 10:30 Gardening 2:00 Music Therapy 6:30 Computer Games</p>	<p>9:00 Physiotherapy 15 9:30 Sit and Get Fit 10:00 1:1 Visits 1:30 Basketball Bucket Game 3:00 Nintendo Switch Games</p>	<p>9:00 1:1 Visits 16 10:00 Basketball Bucket Game 2:00 Bingo 6:30 Movie and Popcorn</p>

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<p>9:30 Church Service 17 11:00 1:1 Visits 1:30 Arts and Crafts</p>	<p>9:30 Restorative Exercise 18 9:30 Sit and Get Fit 10:30 Gardening 1:30 Bowling 2:00 Music Therapy</p>	<p>9:30 Restorative Exercise 19 9:30 Sit and Get Fit 10:00 Puff N' Pamper 3:00 Pool Noodle Ball 7:00 Evening Meditation</p>	<p>9:30 Restorative Exercise 20 9:30 Sit and Get Fit 10:00 1:1 Visits 1:30 Arts and Crafts 3:00 Shuffleboard</p>	<p>9:30 Restorative Exercise 21 9:30 Sit and Get Fit 10:00 1:1 Visits 10:30 Gardening 6:30 Board Games</p>	<p>9:00 Physiotherapy 22 9:30 Sit and Get Fit 10:00 1:1 Visits 1:30 Horseshoes 3:00 Nintendo Switch Games</p>	<p>9:30 1:1 Visits 23 10:30 Mini Golf 2:00 Bingo 6:30 Movie and Popcorn</p>	
<p>9:30 Church Service 24 2:00 Balloon Volleyball 10:30 Restorative walks</p>	<p>Mike's Birthday 25 9:30 Restorative Exercise 9:30 Sit and Get Fit 10:00 1:1 Visits 10:30 Gardening 1:30 Bowling</p> <p><u>Happy Birthday Mike</u></p>	<p>Sandra's Birthday 26 9:30 Restorative Exercise 9:30 Sit and Get Fit 10:00 Puff N' Pamper 2:00 Ice Cream Sundaes 3:00 Pool Noodle Ball 7:00 Evening Meditation</p> <p>It's Sandra's Birthday!!</p>	<p>9:30 Restorative Exercise 27 9:30 Sit and Get Fit 10:00 1:1 Visits 1:30 Arts and Crafts 3:00 Shuffleboard</p>	<p>Dianne's Birthday 28 9:30 Restorative Exercise 9:30 Sit and Get Fit 10:30 Gardening 2:00 Music Therapy</p>	<p>9:00 Physiotherapy 29 9:30 Sit and Get Fit 10:00 Musical Entertainment 10:00 1:1 Visits 1:30 Basketball Bucket Game 3:00 Nintendo Switch Games</p>	<p>National Day for Reconciliation 30 9:00 Restorative exercise 11:00 1:1 Visits 2:00 Bingo 6:30 Movie and Popcorn</p>	
			<p><u>Lots of Birthdays this month!!</u></p>				