

**FEBRUARY 2024**

# **PARKVIEW MANOR**

98 3RD STREET SOUTHEAST, CHESLEY, ON

(519) 363-2416



## **CELEBRATE FEBRUARY**

### **BLACK HISTORY MONTH**

#### **GROUNDHOG DAY**

*February 2nd, 2024*

#### **Leona 5yr PVM Anniversary**

*February 2nd, 2024*

#### **LUNAR NEW YEAR**

*February 10th, 2024*

#### **SHROVE TUESDAY**

**(Paczki Day)**

*February 13th, 2024*

#### **VALENTINE'S DAY**

*February 14th, 2024*

#### **FAMILY DAY**

*February 19th, 2024*

#### **YUKON HERITAGE DAY**

*February 23rd, 2024*

#### **LEAP YEAR BONUS DAY**

*February 29th, 2024*

## **Parkview Happenings**

With the first month of 2024 coming to a quick close, we had a fairly busy month here at Parkview Manor.

We had a visit from both our Dental Hygienist, and Footcare provider in January, and are very excited to see those in-house services return!

We also had a staff/resident get together for a Gender reveal...it's A GIRL! Our predictions were a little off, as of everyone that attended the majority felt that a bouncing baby boy was on the way.

Although, we will have to wait a bit longer to meet her; we are sending out good vibes that Mom and Baby stay healthy throughout the process!



## Early or Late Spring?

According to folklore, if the groundhog sees their shadow when exiting their burrow on February 2, they immediately return to their burrow, indicating that there will be six more weeks of winter; if they do not see their shadow, then spring is on the way.

The Groundhog Day concept first became popular in Canada in 1956 when Wiarton Willie became a household name for his early February weather predictions. Wiarton's Groundhog Day festival grew as Willie's fame increased. It became one of the largest winter festivals in Bruce County, Canada.

Although, us at Parkview will not be able to watch the festivities live, we will be taking 'bets' during breakfast, and then gathering in the lounge to watch the action from Wiarton...and see who's prediction wins!



## Black History Month

Every February, people across Canada participate in Black History Month events and festivities that honour the legacy of Black people in Canada and their communities.

The theme for Black History Month 2024 is Black Excellence: A Heritage to Celebrate; a Future to Build.

## HAPPY 5YR RESIDENCY!!!!



**Leona**

## Shrove Tuesday (Paczki Day)

Paczki are traditional Polish doughnuts that distinguish themselves with a richer, sweeter dough and are filled with jams, custard or a traditional prune filling. The doughnuts are eaten by Polish Catholics on Shrove Tuesday to splurge before fasting begins for Lent the next day. Lent being the 40-day period many Christians dedicate to fasting and prayer that is followed by Easter. We will be enjoying these delicious treats on the afternoon of February 13th, 2023; all are welcome!

# LUNAR NEW YEAR

Lunar New Year is one of the most important celebrations of the year among East and Southeast Asian cultures. The New Year celebration is usually celebrated for multiple days—not just one day as in the Gregorian calendar’s New Year. In 2024, Lunar New Year begins on February 10. Tied to the lunar calendar, the holiday began as a time for feasting and to honor household and heavenly deities, as well as ancestors. The New Year typically begins with the first new moon that occurs between the end of January and spans the first 15 days of the first month of the lunar calendar—until the full moon arrives. On February 9th, 2024 PVM’s Resident Council will be hosting a Chinese Food Luncheon, followed by an Arm Chair Travel to the Festival. Everyone is welcome, with lunch plates available for guests at a charge of \$7.00.



## Leap Year Traditions (you’ve probably never heard of)

1. In Scotland, women must wear a red petticoat when proposing on leap day.
2. In Denmark, if a man refuses a proposal, he must buy the woman 12 gloves.
3. And in Finland the penalty was enough fabric for the woman to make a skirt.
4. In Germany, girls leave a tree decorated with ribbons at the home of their crush.
5. Women in Illinois arrested men for being single on leap day in the 1940s.
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## Dragon Horoscope 2024



Dragon

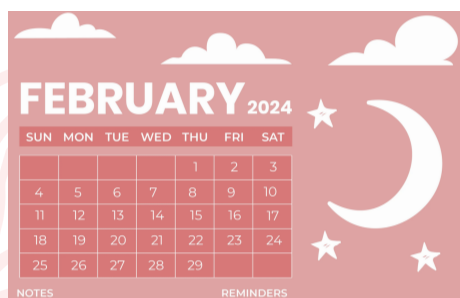
The Dragon will have a magnificent year 2024. Career progress will be excellent due to your determination and optimistic nature.

SunSigns.Org



## FANTASTIC FACTS ABOUT FEBRUARY

1. "February" is one of the most misspelled words in the English language.
2. February fluctuates between having 28 and 29 days; the 29th day only occurs every 4 years during leap years
3. If you were born in February your birthstone is an amethyst, and your flower is a primrose.
4. The western zodiac signs in February are Aquarius until the 18th, and Pisces, which runs from February 19th-March 20th.
5. February is the only month where it is possible to go the entire month without a full moon.
6. February has been Black History Month for over 40 years.
7. The odds of being born on February 29th are about 1 in 1,461. Those born on leap day can be called a 'leaper' or 'leapling'
8. It was February 1964 when the Beatles made their first American television appearance on the 'Ed Sullivan Show'; over 73million people watched.
9. January and February were the last months added to the Roman numeral calendar.
10. On February 1st, 2003, the Space Shuttle 'Columbia' broke apart in flight, killing all seven crew members. The accident was believed to be the result of damage that occurred during lift-off; occurring only 16minutes before the shuttle was scheduled to land.



### Parkview Manor Contacts

Phone: (519) 363-2416

#### Executive Director

Sarah Henry

[shenry@southbridgecare.com](mailto:shenry@southbridgecare.com)

#### Director of Care

Kim Blackmore

[kblackmore@southbridgecare.com](mailto:kblackmore@southbridgecare.com)

#### Office Manager

Elaine Frook

[efrook@southbridgecare.com](mailto:efrook@southbridgecare.com)

#### Dietary and Environmental Service Manager

Kelly Ward

[kward@southbridgecare.com](mailto:kward@southbridgecare.com)

#### Programs Manager

Amber Foyston

[afoyston@southbridgecare.com](mailto:afoyston@southbridgecare.com)