






# July 2024

## Parkview Manor



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Canada Day 1</b> 10:00 Coffee Time Social 10:45 Sit and Get Fit 1:30 All About Canada-Knowledge and Trivia 	<b>2</b> 10:00 Coffee Time Social 10:45 Music and Movement 2:00 Bean Bag Corn Hole Game	<b>3</b> 10:00 Coffee Time Social 11:00 Exercise with Art 2:00 Shuffleboard 	<b>4</b> 10:00 Coffee Time Social 10:45 Sit and Get Fit 2:00 Cards Games-Dealer's Choice	<b>HOEDOWN THROWDOWN DAY 5</b> <i>dress in your best western wear</i> 10:30 Camp Visits-Hoedown Throwdown 1:30 Pet Visits-Sheila and TiaBone 1:30 Karaoke 3:00 Board Games 	<b>6</b> 10:00 Coffee Time Social 10:45 Music and Movement 2:00 Yahtzee
9:30 Online Church Service <b>7</b> 10:00 Coffee Time Social 10:45 Music and Movement 2:00 Bingo	<b>8</b> 10:00 Coffee Time Social 10:45 Sit and Get Fit 2:00 Nintendo Switch Games-Family Fued	<b>9</b> 10:00 Coffee Time Social 10:45 Walking Club 10:45 Music and Movement 1:30 Snakes and Ladders 3:00 Pool Noodle Ball	<b>10</b> 10:00 Coffee Time Social 11:00 Exercise with Art 2:00 Ladder Ball	<b>11</b> 10:00 Coffee Time Social 10:45 Sit and Get Fit 3:00 Basketball Bucket Game 	<b>SPORTS DAY 12</b> <i>dress to reflect your favourite team or sport</i> 10:30 Camp Visits-Skills and Thrills 1:30 Karaoke	<b>13</b> 10:00 Coffee Time Social 10:45 Music and Movement 2:00 Crokinole 
9:30 Online Church Service <b>14</b> 10:00 Coffee Time Social 10:45 Music and Movement 2:00 Bingo 	<b>Dawn's Birthday 15</b> 10:00 Coffee Time Social 10:45 Sit and Get Fit 2:00 Matinee Monday	<b>16</b> 10:00 Coffee Time Social 10:45 Music and Movement 2:00 Bean Bag Corn Hole Game	<b>17</b> 10:00 Coffee Time Social 11:00 Exercise with Art 1:30 Louise Potts 2:00 Shuffleboard 	<b>18</b> 10:00 Coffee Time Social 10:45 Sit and Get Fit 2:00 Cards Games-Dealer's Choice	<b>19</b> 10:30 Camp Visits-Science Experiment 1:30 Karaoke 3:00 Board Games	<b>20</b> 10:00 Coffee Time Social 10:45 Music and Movement 2:00 Yahtzee
9:30 Online Church Service <b>21</b> 10:00 Coffee Time Social 10:45 Music and Movement 2:00 Bingo 	<b>22</b> 10:00 Coffee Time Social 10:45 Sit and Get Fit 2:00 Nintendo Switch Games-Family Fued	<b>23</b> 10:00 Music with James 10:45 Music and Movement 1:30 Snakes and Ladders 3:00 Pool Noodle Ball 	<b>24</b> 10:00 Coffee Time Social 11:00 Exercise with Art 2:00 Ladder Ball	<b>Shirley's Birthday 25</b> 10:00 Coffee Time Social 10:45 Sit and Get Fit 2:00 Basketball Bucket Game 	<b>2024 SUMMER OLYMPICS START 26</b> 10:30 Camp Visits-Bubble Blowing 1:30 Karaoke 	<b>27</b> 10:00 Coffee Time Social 10:45 Music and Movement 2:00 Crokinole
9:30 Online Church Service <b>28</b> 10:00 Coffee Time Social 10:45 Music and Movement 2:00 Bingo	<b>29</b> 10:00 Coffee Time Social 10:45 Sit and Get Fit 2:00 Matinee Monday 	<b>NATIONAL CHEESECAKE DAY 30</b> 10:00 Coffee Time Social 10:45 Music and Movement 1:30 Baking-No bake cheesecake	<b>31</b> 10:00 Coffee Time Social 11:00 Exercise with Art 2:00 Shuffleboard			